



# GOAL SETTING – TEAM BUILDING

In order for your students to receive the greatest benefit from their challenge course experience it is suggested that each team of students develop a list of group goals prior to coming to CNW.

**Please review with your students the following elements commonly found in the team building process. Have each group develop three to four goals.**

<b>effective communication</b>	<b>cooperation</b>	<b>commitment</b>	<b>build trust</b>
<b>resolve conflicts</b>	<b>fun</b>	<b>confidence</b>	<b>balance</b>
<b>team spirit</b>	<b>support</b>	<b>risk taking</b>	<b>manage change</b>
<b>decision making</b>	<b>timing</b>	<b>peer respect</b>	<b>group focus</b>
<b>motivation</b>	<b>trial &amp; error</b>	<b>encouragement</b>	<b>problem solving skills</b>
<b>achieving group consensus</b>	<b>accountability</b>	<b>goal setting</b>	<b>correcting mistakes</b>
<b>request debate</b>	<b>all voices heard</b>	<b>active listening</b>	<b>celebrate successes</b>
<b>feedback(-) (+)</b>	<b>confront difficult issues</b>		

**Our Team Goals are:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_